

NATIVE YOUTH PROGRAM NEWSLETTER

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Fundamentals

This month, we are focusing on fundamental skills when it comes to sports.

Since school is starting, that means sports are starting as well, and doing drills and learning fundamental movement skills will be helpful — and healthful — both for those who are in sports and those who aren't.

Learning these skills helps with health but also provides confidence and motivation of the youth. They will enjoy doing physical activity more if they feel confident with these basic skills.

Upcoming Events

Monthly Theme:

- **Sept. 9:** WCSD Title VI: Loom Beading, Coral Cliffs PLC, St. George, 6–8pm
- **Sept. 17:** Family Night, Staheli Farm, 6–9pm
- **Sept. 21:** Cedar Community Night, PITU Building, 6–7pm
- **Sept. 23:** Shivwits Community Night, Band Building, 6–7pm
- **Sept. 28:** Kanosh Community Night, Band Building, 6–7pm
- **Sept. 30:** Richfield Community Night, Band Building, 6–7pm

**See full calendar of events
at [PITU.gov/Native-Youth/](https://pitu.gov/Native-Youth/)**

Community Nights – Drug Awareness

This month we will be having a community night event in each area (Kanosh, Richfield, Shivwits, and Cedar). We will have food while supplies last and a presentation on drug awareness, which will be led by members of the Behavioral Health Team from FourPoints Health.

Keep an eye out for the flyer!



Youth Activities – Cedar

Due to the growth of the youth group in Cedar City, we will be splitting the youth into two groups for activities. This will help us better serve each youth and have meaningful interactions with them.

We will be doing A and B days for our Cedar activities. Those who are in the B group have been contacted, and those who haven't will be in our A group.

Reach out to someone on the youth team with any questions you may have.

Greenshow

Thank you to all the youth and everyone who participated in or helped with the Greenshow this year! We appreciate you all.

Youth Registration

Please ensure that all Native youth are registered, as it is required for participation in the activities. To register, visit our website at <https://PITU.gov/Native-Youth> or use the QR code below.

