

NATIVE YOUTH PROGRAM NEWSLETTER

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Embracing Nature

For June, our theme is to “Embrace Nature.” During this month, we encourage you to get outside and take in the nature around you. Here are some ideas for way that you can embrace nature.

You can go for a walk. While you do this, take in some of the sights and sounds around you. For something with a little more exertion, you can go on a hike.

Other activities you can do:

- Birdwatching
- Stargazing
- Watch the sunrise or sunset
- Photography
- Camping
- Nature journaling

Culture can be found in all aspects of nature from plants to animals, landscapes to waterways. Being connected to nature is an important connection to our spirituality as Native people.

Our relationship with nature has existed since the beginning of time. It helps our physical well-being but also improves our mental well-being as it can relieve stress in our lives. Spending time outside can also increase our creativity and focus.

Upcoming Events

Monthly Theme:
Embrace Nature

- **June 05:** PITU Queen & Princess pageant, 7 pm, Cedar Band Building
- **June 6-7:** Restoration Gathering Pow-Wow Grand Entries, Friday at 7 pm, Saturday at 11 am & 7 pm
- **June 15:** Father’s Day
- **June 19:** Juneteenth, buildings closed
- **June 24-26:** College Prep Camp

**See full calendar of
events at
[PITU.gov/Native-Youth/](https://pitu.gov/Native-Youth/)**

Father's Day

On June 15, it is Father's Day. In Paiute, father is Muang (pronounced moo-ahng). Fathers are important in our lives. They lead and guide as we grow up. This applies to your grandpas and uncles as well.

Remember to tell all the fathers you know, "Happy Father's Day!"

Other ways to celebrate them include:

- Make a card for them
- Make breakfast in bed
- Do a puzzle together



Youth Registration

Please ensure that all Native youth are registered, as it is required for participation in the activities. To register, visit our website at <https://PITU.gov/Native-Youth> or use the QR code below.



Tahts ("Summer") Program

This summer, youth from kindergarten to 12th grade are able to participate in our Tahts program.

This program encourages a variety of activities youth can do throughout the summer, and if they check off each activity on the list, they are qualified to get a free pair of shoes and go on a trip in September to the Morongo Pow-Wow.

Some of the activities include:

- Getting a youth activity card
- Joining the Native Youth Book Club (COMING SOON)
- Visiting your local pool
- And more!

For more details on the Tahts program and to see the checklist, guidelines, and due dates, please visit:

www.pitu.gov/native-youth/

