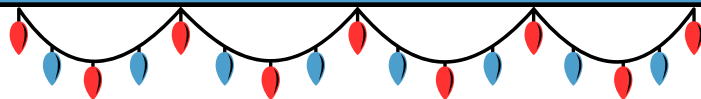




NATIVE YOUTH PROGRAM NEWSLETTER

PITU.GOV | 435.586.1112 | 440 N. PAIUTE DRIVE



Gift Giving

Happy Holidays! December's youth theme of gift giving reflects the importance of generosity, community, and interconnectedness, values that are deeply embedded in Native American cultures. Gift giving is not just a material exchange but a symbolic act of strengthening relationships, showing respect, and honoring traditions. In many Native American communities, gifts—whether they are handmade, ceremonial, or given in the spirit of sharing—serve as expressions of gratitude. These practices foster a sense of belonging and uphold the values of reciprocity and care that are central to Native American life. Youth can choose from these following items to make for someone for the holidays:

- Medicine Bags
- Necklaces
- Medicine Wheels
- Choker Necklaces

Upcoming Events

Monthly Theme: Gift Giving

- **Dec. 9–13:** Staff training, No Native Youth activities
- **Dec. 19:** LRIS School Visit
- **Dec. 20:** Shivwits Community Night, Shivwits Gym, 5–6 p.m.
- **Dec. 23–31:** Holiday Break

See full calendar of events at
[PITU.gov/Native-Youth/](https://pitu.gov/Native-Youth/)

Storytelling:

One of the most beautiful traditions in our communities is storytelling. Elders hold wisdom, memories, and teachings that are invaluable to the younger generations. This winter, reach out to an elder in your community and ask them to share stories. Whether it's personal stories, traditional tales, or cultural teachings, these shared moments will help build bridges between generations and keep our cultural heritage alive.



Community Night: Shivwits

The next Community Night, taking place in the Shivwits gymnasium on Dec. 20, will focus on raising awareness and supporting those affected by substance abuse, with a theme centered on healing, prevention, and resilience. The evening will bring together local families, Tribal workers, and resources to foster open conversations, share experiences, and promote healthier lifestyles. Through education and collective support, the event aims to strengthen the community's bond, encourage positive change, and provide the tools needed to combat substance abuse in a safe, compassionate environment. Together, we can create a stronger, healthier future for all.



COMMUNITY NIGHT Topic: Substance Abuse

Guest speaker: Maureen Ramer
FourPoints Health Counselor

Friday, Dec. 20
5-6 p.m. | Shivwits Gym
6100 West 3700 North, Ivins

- Food while supplies lasts
- Activity for ages 5 and up
- Open to the community

Presented by PITU Native Youth Program & Family Services

Questions? Contact Everson Nakai
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Native Youth Program Update



The Native Youth Team will be out of state for staff training Dec. 9-13, so there will be no activities, and with school being out for winter break, we would like youth to enjoy this time with your families. Please feel free to contact us if you need anything, and we look forward to resuming activities after the winter break the week of Jan. 6.

Registration

Please ensure that all Native youth are registered, as it is required for participation in the activities. To register, visit our website at <https://PITU.gov/Native-Youth> or use the QR code below.

